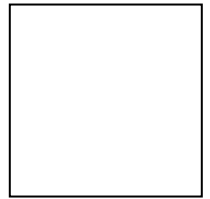


Skater/ Parent, Coach Contract
Effective _____201_
Between



Master/Miss, Mr. or MRS. _____

&

Rahul Ramesh Rane
Professional Speedskating Instructor/Coach

BACKGROUND

Skating Since 1987 (25 years in roller sports)

22 Years Skater & Coach Competitive Experience
18 Years Professional Performance Experience
Including : Roller skating Camps, International Exposure.
18 Years Professional Coaching Experience

ELITE EXPERIENCE AS A TEAM COACH FOR ROLLER AND ICE SKATING

South Africa	2001
Italy	2001, 2002, 2003 & 2004
Belgium	2001,2002,2008,2009,2012 & 2011
Bangladesh	2003 & 2004
Hongkong	2008 , 2009, 2010 & 2011
Germany (Ice)	2005
Taiwan (Ice) Team Leader	2008
School Games Federation Of India (Team Maharashtra)	2005 & 2006 ,2007 & 2008
China	2012

SKATER RULES AND RESPONSIBILITIES

1. No Chewing Gum or Eating During Coaching.
2. Practice Skating Attire Is Required At All Times. No Jeans, Shorts or School Clothes Allowed during coaching Or Practice Time.
3. No Talking on coaching (Do Not Get off the Coaching Session to Talk to Parents, Friends, Etc.)
4. Bathroom Breaks Must Be Taken Before Or After Freestyle Not During.
5. Always Bring Water Bottle, Weights, Skipping Ropes Or Skating Essential.
6. Show Mutual Respect for All Skaters, Parents, and Coaches.
7. Keep A Good And Sportsmanlike Attitude.

SKATERS ARE EXPECTED TO

1. Be On Time for All Practices and Lessons.
2. Wear Proper Skating gear.
3. Hair Must Be Pulled Back.
4. Concentrate on Their Own Skating Not Anyone Else's.
5. Stretch At Home And At The Rink Before And After All Lessons And Practices. Never Get On The Skates Without Warm-ups.

PARENT RULES AND RESPONSIBILITIES

1. Get Skater To The Rink With Plenty Of Time To Be On The Skates, Stretched And Ready To Skate For Scheduled Lessons And Practices.
2. Enforce Healthy Eating Habits. Eat Before Or After Practices Not During.
3. Don't Buy Any Skates, Or Skate Equipment Or Competition Dresses Without Consulting Me First.
4. Always Check with Me before Changing Any Equipment before the races.

COMMITMENTS OF SKATER TOWARDS COACHING

1. I will work to make the changes that you choose
2. I will develop the skills that i wish to master.
3. I will treat you with respect and consideration.
4. I will regularly review my progress.
5. I will not disclose information about you and your coaching style.
6. I will be punctual for sessions and give notice of cancellation.
7. I will complete assigned exercises and homework
8. I will consult with a medical doctor if advised to do so
9. I will buy the equipment as per coach recommendation of priority
10. I will try and participate maximum camps and races.

Request & commitments from Mr.Rahul Rane of coaching.

1. Be honest about my challenges and what I want to achieve
2. Speak up immediately if anything bothers me about my coaching.
3. To make any changes in the kind equipment, protective's or skate wear please consult to me.
4. Please do not delay for any reason if I suggest you to change any equipment.
5. The contract includes – The coaching charges for all levels of competitions (club, district, state, nationals) I promise to complete 80 sessions per year. (One session = to one hour of coaching including on skate and off skate coaching, exercises & consultancy)

I Mast/Miss _____undersigned am responsible of injuries or accidents accord during coaching of Mr.Rahul Rane.

I understand that Mr.Rahul Rane is not qualified to give legal or financial suggestions

I commit to work with Mr.Rahul Rane for a minimum of __ Years.

EXTRA EXPENSES

Rink bookings for training will be charged to all the skaters present for coaching.

Food supplements provided by us will be charged separately.

If you want to come daily the skating rinks fees will be charged separate.

THE MOST IMPORTANT

Please take note that these fees are charged for the readymade knowledge that will be passed to you in a short period of time that was gained by me in last 25 years.

It is a sincere request to keep all the knowledge, training pattern and information given to you by us **highly confidential**. This will help the skaters to maintain and improve their positions and performance. Skaters must strictly follow the given schedule.

Payment Policy

I Will Work On Cash Only Basis. All Payments 50% in Advance In Cash And 50% on Postdated Cheque Only Prior to Any Lesson. Payments Would Be Accepted At The Time Of First Session Of The Skater.

If You Have Any Questions or Concerns Please Feel Free to Call or Mail At: 9372450051 or email: rahulsss@hotmail.com.

My Goal Is For Each And Every Skater To Have Successful Year By Reaching His/Her Goals While At The Same Time Increasing His/Her Love Of Skating. Thank You for Your Continued Support and Encouragement.

General Rules

CONTRACT TRAINING OF RAHUL SIR

- Contract training will be available on Tuesdays, Thursdays, Saturday and Sunday, festive holidays according to Rahul sir availability and skaters requirement or necessity of training in benefit of skaters to obtain results.
- Outside Rink /track booking payment should be made immediately after each session.
- The 80 sessions will be (Tuesdays, Thursdays, Saturday & Sunday) and festive holidays.
- Since 20 or more sessions are conducted extra by Rahul sir they can be announced any time during the week days / weekends and it's not compulsory for all of them to attend.
- Minimum 80 session will be taken and 20 session or more will be bonus according the necessity of training for the upcoming skaters in a calendar year 1st Jan 2012 to 31st Dec 2012
- All the payment must be paid in two parts first part in when joining the contract and second part after 6 months by cheque withdrawn on the name of "Mr. Rahul Rane".
- If skaters will come in holidays for skating they should inform the respective clubs /coaches
- If there is any previous pending amount we cannot provide you with new equipment.

- If I am not available the training pattern will be provided by Dhanashree Surana or senior skaters.
- Payment should be made immediately of all the equipment taken.
- If the contract skaters are not of Lazerxtech club, Race form should be submitted through club with Extension of club name (Example: Lazerxtech (club name))
- Please write your own coach's name first and then my name (Example (your coach name) & Mr.Rahul Rane)

Rahul Ramesh Rane
Speed Skating Coach/Instructor

Please Sign Below

I/We Hereby Understand All Coaching Rules, Regulations, And Policies Regarding Payment, And the Safety And coaching contract for the contract Skaters

Master/Miss _____ (skater) Sign _____

Mr. / Mrs. _____ (Parent) Sign _____

Mr.Rahul Rane Coach Sign _____

Rs.30000/-

Phone No of the kids / parents : _____

Date of birth of the contract skater : _____

Height _____ weight _____